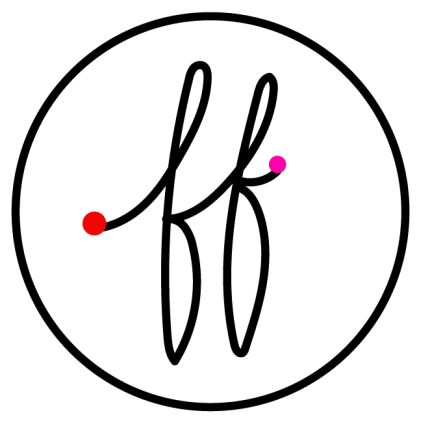


# Fire & Flower



## Girls & Non-binary Youth Empowerment Camp

To empower youth in their *AWESOME*  
transition into adolescence

2SLGBTQIAP+ Inclusive Space

- ✦ Confidence & belonging
- ✦ Body positivity
- ✦ Anatomy & menstruation
- ✦ Mentorship
- ✦ Nature connection
- ✦ A place to be real

"It felt so good to be with others and know I'm not alone."

"We all trusted each other. I could say anything without being judged."

Ages  
10-12yo

Terra Nova  
Rural Park,  
Richmond

Aug 19-23  
9:30am-3:30pm

Bursaries Available

Register at: [fireandflowergirls.org](https://fireandflowergirls.org)



YOU  
ARE  
AMAZING  
BEAUTIFUL  
POWERFUL