

#### École élémentaire James Whiteside Elementary School

9282 Williams Road, Richmond BC V7A 1H1 604-668-6209 I whiteside.sd38.bc.ca

Brett Cameron, Directeur/Principal I Nona Navin, Directrice Adjointe/Vice Principal

Newsletter #33 - May 17, 2024



#### VICTORIA DAY WEEKEND.

Whiteside will be closed on Monday, May 20 for Victoria Day.

#### **PAC MEETINGS**



PAC are amazing resources for our entire school community. A strong PAC bonds our school community with our families. PAC is an excellent way for our families to connect directly

with the action at our school as well as develop relationships within the parent community. Our next meeting is on Tuesday, May 21st at 6:30 p.m.! Please reach out to our PAC at whitesidepac@hotmail.com for more information.



WHITESIDE READING **INFORMATION OF THE WEEK** Make reading part of daily life It's important for children to understand that reading is a

Canada's

Food Guide

part of everyday life, not just something we do for school. Read the back of cereal boxes together in the mornings, or ask your child to read road signs aloud to you. Exposing your children to these other types of reading not only gives them frequent practice, but also expands their vocabularies. You can also write daily notes to your child and encourage them to write one back to you. These fun tactics can show your child that reading is a diverse skill that everyone needs.

# **HEALTHY EATING HABITS**

As a parent, these tips help create healthy habits at home:

- Set regular meal and snack times that work for the whole family. Share mealtimes and eat with vour children.
- Offer a balance and variety of foods from all food groups at mealtimes.
- Offer food in ways they can manage easily. For example, cut into pieces, or mash food to prevent choking in younger children.
- Help your children learn to use a spoon or cup so they can eat independently.
- Include your child in age-appropriate food preparation and table setting.
- Avoid using dessert as a bribe. Serve healthy dessert choices, such as a fruit cup or yogurt.
- Show your child how you read labels to help you choose foods when shopping.
- Avoiding fast food restaurants shows your children the importance of enjoying mealtime as a family, while eating healthy home cooked meals.

# **TRACK AND FIELD**

Our Wolves are ready for our Minoru track meet on May 27. We look forward to a great day of running, jumping, and throwing. Go Wolfpack!



#### **SPRING WEATHER**

Spring weather in Richmond can be unpredictable and we play outside every day. Please ensure your child is dressed in layers and ready for the rain. We encourage our Wolfpack to keep a spare change of clothes and

shoes at school just in case they get wet.



#### <u>PLAY N' EAT</u>

We invite our students to join us in the gym every Friday morning at 8:10 a.m. for some breakfast snacks and playtime. Entry is through the gym doors.

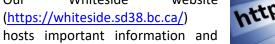


#### **TRANSLATE OUR SITE**

Did you know you can translate whiteside.sd38.bc.ca our website? ©

# WHITESIDE WEBSITE

website Our Whiteside (https://whiteside.sd38.bc.ca/)



reminders. Please visit to check our calendar, read the newsletter, see our school story, sign up for SchoolCashOnline or Munch-a-Lunch, and more!



Summer Learning 2024 Registration is starting up very soon. It is advised that parents create an account



ahead of time for each of their children. Instructions on how to register can also be found on our website.

www.RichmondCE.ca



#### **FEEDING FUTURES**

provincial Recently. the government announced a new Feeding Futures School Program

Fund, designed to assist schools in the development and enhancement of school meal programs and other nutritional supports for students. We currently provide breakfast and lunch options for students that need extra support during the school week. If you would like to request support for your child at school, please reach out to our principal, Brett Cameron (bcameron@sd38.bc.ca).



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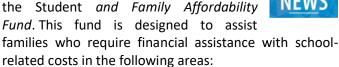
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#### STUDENT AFFORDABILITY FUND

provincial government recently announced a renewal of one-time funds for the Student and Family Affordability



- school and course fees.
- school supplies and course materials.
- field trips.
- school-related extracurricular opportunities.
- clothing and footwear required for sports and school activities.

Please reach out to our principal, Brett Cameron, (whiteside@sd38.bc.ca) if you need assistance. As always, all requests will be treated with dignity and your privacy will be respected. We want to work with our families to ensure that our students, your children, have everything they need to be successful at school. Please do not hesitate to reach out if we can help.



# **ALLERGY ALERT**

All families should be aware that Whiteside School has many students with severe, life-threatening food allergies. Some classrooms may be

designated nut free to protect the health of these students. Please help us limit the nut products entering our school overall, as the impact on a student can happen anywhere in the school. If possible, please do not send food to school containing nuts.



#### **PARKING LOT SAFETY**

Please help keep our students safe by using the drop off zone for picking up and dropping off students only. Please do not leave your car unattended in the drop off zone or park in staff parking spots; if you need to come into the school, please park in a parking space closer to

South Arm Community Centre. When walking to school, please use the designated paths south and adjacent to the driveway as you enter the school grounds. Please follow arrows to keep our students safe and keep our parking lot accident free.



May 17	Pro-D day
May 20	Victoria day
May 22	Welcome to K event
May 24	lan Maskin concert
May 24	Hot Lunch (Chipotle)
May 27	Track Meet
May 31	Family Teams event
June 4	Gr. 7 rafting trip
June 7	Family Teams event
June 14	Sports Day
June 21	Grade 7 farewell celebration
June 27	Last day of school for students