



KRISPY KREME FUNDRAISER FOR GRADE 7 FAREWELL



Help support our grade seven farewell celebration. Our grade seven parent team is selling Krispy Kreme donuts for \$18 per dozen.

Order on [School Cash Online](#) by May 10th for May 16th delivery.



NOTICE OF LATE RETURN 2024-2025

The attached form must be completed for any student(s) who anticipate a *delayed* return to school in September and will not be in attendance by 12:00pm on Wednesday, September 4, 2024. Please return the form to the school principal by June 21, 2024.



SPRING EVENTS

Whiteside looks forward to welcoming back traditional spring events and creating new memories and opportunities for experiential learning. Please continue to read our newsletter and check in with your classroom teacher for event details.



SPRING WEATHER

Spring weather in Richmond can be unpredictable and we play outside every day. Please ensure your child is dressed in layers and ready for the rain. We encourage our Wildcats to keep a spare change of clothes and shoes at school just in case they get wet.



WHITESIDE READING INFORMATION OF THE WEEK

Fill your home with books

[Studies show](#) having a library at home is linked to higher standardized test scores. Particularly for families in low-resource communities, having books at home can create a positive learning environment. Neighborhood garage sales and thrift stores are great and inexpensive options to build a child's library. It is important to fill at-home libraries with a diverse selection of books: fiction and nonfiction, paperback and hardback, books for pleasure and informational books. By exposing children to an array of books, their scope of interests and understanding will expand. Parents will see an increase in curiosity and enthusiasm about new topics.



PLAY N' EAT

We invite our students to join us in the gym every Friday morning at 8:10 a.m. for some breakfast snacks and playtime. Entry is through the gym doors.



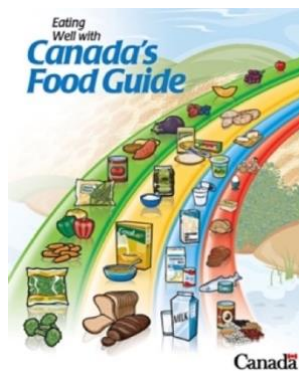
TRANSLATE OUR SITE

Did you know you can translate our whiteside.sd38.bc.ca website? 😊

HEALTHY EATING HABITS

Sodium

- Sodium is a mineral that maintains proper fluids in your body. It's also needed for nerve and muscle function. But, eating too much sodium can lead to high blood pressure, which increases the risk of heart disease. Sodium is commonly referred to as salt.
- Offer your child healthy foods that are low in sodium as often as possible.
- Processed and pre-packaged foods tend to have high amounts of sodium.
- Too much sodium in childhood can lead to a preference for salty food, which is associated with obesity and/or disease later in life.
- Use the % Daily Value (DV) on food labels to compare products. Look for foods with a sodium content of less than 15% DV.



MORNING ROUTINES AT WHITESIDE

Our Wolfpack are expected to enter school from their outside doors until 8:45 a.m. Please ensure that your children make their way to the back of the school to meet their teachers. This ensures that all children are met by their teacher or supervising adult and can begin the day with their class.



Play n' Eat is on Friday mornings only. Only students in our breakfast program may enter the gym early during the week. We do not have morning supervision for students.

WHITESIDE WEBSITE

Our Whiteside website (<https://whiteside.sd38.bc.ca/>) hosts important information and reminders. Please visit to check our calendar, read the newsletter, see our school story, sign up for SchoolCashOnline or Munch-a-Lunch, and more!





PAC MEETINGS

PAC are amazing resources for our entire school community. A strong PAC bonds our school community with our families. PAC is an excellent way for our families to connect directly with the action at our school as well as develop relationships within the parent community. **Our next meeting is on Tuesday, May 21st at 6:30 p.m.!** Please reach out to our PAC at whitesidepac@hotmail.com for more information.

SUMMER LEARNING 2024

Summer Learning 2024 Registration is starting up very soon. It is advised that parents create an account ahead of time for each of their children. Instructions on how to register can also be found on our website.



www.RichmondCE.ca



FEEDING FUTURES

Recently, the provincial government announced a new Feeding Futures School Program Fund, designed to assist schools in the development and enhancement of school meal programs and other nutritional supports for students. We currently provide breakfast and lunch options for students that need extra support during the school week. If you would like to request support for your child at school, please reach out to our principal, Brett Cameron (bcameron@sd38.bc.ca).

STUDENT AFFORDABILITY FUND

The provincial government recently announced a renewal of one time funds for the Student and Family Affordability Fund. This fund is designed to assist families who require financial assistance with school-related costs in the following areas:



- school and course fees
- school supplies and course materials
- field trips
- school-related extracurricular opportunities
- clothing and footwear required for sports and school activities

Please reach out to our principal, Brett Cameron, (whiteside@sd38.bc.ca) if you are in need of assistance. As always, all requests will be treated with dignity and your privacy will be respected. We want to work with our families to ensure that our students, your children, have everything they need to be successful at school. Please do not hesitate to reach out if we can help.



ALLERGY ALERT

All families should be aware that Whiteside School has many students with severe, life-threatening food allergies. Some classrooms may be designated nut free to protect the health of these students. Please help us limit the nut products entering our school overall, as the impact on a student can happen anywhere in the school. If possible, please do not send food to school containing nuts.



PARKING LOT SAFETY

Please help keep our students safe by using the drop off zone for picking up and dropping off students only. **Please do not leave your car unattended in the drop off zone or park in staff parking spots;** if you need to come into the school, please park in a parking space closer to

South Arm Community Centre. When walking to school, please use the designated paths south and adjacent to the driveway as you enter the school grounds. Please follow arrows to keep our students safe and keep our parking lot accident free.



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| May 10 | Honor Band performance |
| May 13 | Speed Control concert |
| May 17 | Pro-D day |
| May 20 | Victoria day |
| May 22 | Welcome to K event |
| May 27 | Track Meet |
| May 24 | Ian Maskin concert |
| June 4 | Gr. 7 rafting trip |
| June 14 | Sports Day |
| June 21 | Grade 7 farewell celebration |
| June 27 | Last day of school for students |