



SPRING BREAK

Please remember that Whiteside will be closed from March 15 – April 1. We will welcome back our Wolfpack on Tuesday, April 2.



BREAKFAST CLUB

Breakfast Club will re-open on Friday April 5th. We look forward to another fun season of playing and eating with our Wolfpack.

WHITESIDE'S GOT TALENT

Congratulations and thank you to our amazing performers, Ms. LB and Ms. Johnson for an afternoon filled with beautiful songs, awesome dancing, and incredible talent.



WHITESIDE BASKETBALL

Congratulations to all our basketball teams for a successful season! Our grade 6 boys came together as a team for the first time and had a great season playing throughout Richmond. Our girl's team had a spirited tournament at McRoberts and finished fourth. Congratulations to our grade seven boys for their big win at the Strikers tournament. Way to repeat, Wolfpack! Thank you to Mr. Lenz, Mme Howells, Mr. McCuaig, and Mr. Pelletier for your coaching, guidance, and passion for basketball.

WHITESIDE WEBSITE

Our Whiteside website (<https://whiteside.sd38.bc.ca/>) hosts important information and reminders. Please visit to check our calendar, read the newsletter, see our school story, sign up for SchoolCashOnline or Munch-a-Lunch, and more!



PAC MEETINGS

PAC are amazing resources for our entire school community. A strong PAC bonds our school community with our families. PAC is an excellent way for our families to connect directly with the action at our school as well as develop relationships within the parent community. **Our next meeting is on Tuesday, April 16th at 6:30 p.m.!** Please reach out to our PAC at whitesidepac@hotmail.com for more information.



WEST COAST PLAY

During recess and lunchtime breaks, students are expected to be outside at all times this year. Students are strongly encouraged to dress appropriately for the weather. To be prepared to be outside in the rain it is important for your child to

have appropriate clothing such as:

- A rain jacket.
- Rubber boots
- Rain pants
- An umbrella
- A rain hat or coat with a hood
- ***A change of clothes to be kept at school (sweatpants, underwear, socks, t-shirt, etc.)**
- When students use their change of clothes, please send another set to school for the next time.

MORNING ROUTINES AT WHITESIDE

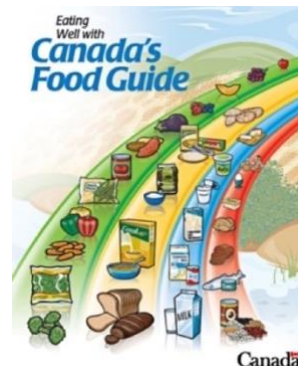
Our Wolfpack are expected to enter school from their outside doors until 8:45 a.m. Please ensure that your children make their way to the back of the school to meet their teachers. This ensures that all children are met by their teacher or supervising adult and can begin the day with their class. Play n' Eat is on Friday mornings only. Only students in our breakfast program may enter the gym early during the week. We do not have morning supervision for students.



HEALTHY EATING HABITS

How to eat with others more often

Making time to enjoy meals with others doesn't just happen. With busy schedules at work, school and home, making time to enjoy your meals with others can often get pushed aside.



The key to making it happen often starts with a plan. You could:

- plan a breakfast date with cousins.
- participate in community celebrations and feasts.
- start a regular community meal with your neighbours.
- have lunch with a co-worker at work or friend at school.
- ask your local community centre about groups you could join.
- plan a weekly dinner with extended family members or friends.
- eat dinner with:
 - old family friends
 - a neighbour
 - family members
- start a dinner party among your friends where everyone takes a turn hosting.

When you eat with others, it's important to remember to:

- Take your time. Don't feel the need to rush. Enjoy your food and the social aspect of being together.
- Put away distractions like the TV or electronics. This can help you be mindful of your food choices.
- Use it as a chance to connect. Talk to those around you and share what is going on in everyone's life.

Learn more at:

<https://food-guide.canada.ca/en/tips-for-healthy-eating/parents-and-children/>



FEEDING FUTURES

Recently, the provincial government announced a new Feeding Futures School Program Fund, designed to assist schools in the development and enhancement of school meal programs and other nutritional supports for students. We currently provide breakfast and lunch options for students that need extra support during the school week. If you would like to request support for your child at school, please reach out to our principal, Brett Cameron (bcameron@sd38.bc.ca).

STUDENT AFFORDABILITY FUND

Recently, the provincial government announced a new, one time [Student and Family Affordability Fund](#). This fund is designed to assist families who require financial assistance with school-related costs such as school and course fees, workbooks, specialty supplies, field trips and other school-related charges and costs. The additional funding will also be used to support school meal programs and other nutritional supports for students.



Currently, we are requesting that families reach out to our principal, Brett Cameron (whiteside@sd38.bc.ca) if you need assistance with school supplies, fees, or other school-related costs. As always, all requests will be treated with dignity and your privacy will be respected. We want to work with our families to ensure that our students, your children, have everything they need to be successful at school. Please do not hesitate to reach out if we can help.



WHITESIDE READING INFORMATION OF THE WEEK

Help children sound out words smoothly. Sounding out a word involves saying the

sound of each letter or letter combination one by one until the end of the word, and then saying them all together again quickly. Help children sound out words by:

- Showing how to say each letter sound in a word, starting at the left-hand letter and moving right, and then joining all the sounds together to form the word.
- Stretching and connecting sounds together as much as possible. The box below shows an example of how this might sound.
- Reminding children to check their pronunciation after they connect the sounds together. For example:
 - o Ask if the word makes sense or if it is a real word.
 - o Ask if they know the word that they said after saying the letters all together quickly.
 - o If the word is not familiar, ask them to read the word again to make sure they joined all the sounds together correctly.



PARKING LOT SAFETY

Please help keep our students safe by using the drop off zone for picking up and dropping off students only. **Please do not leave your car unattended in the drop off zone or park in staff parking spots;** if you need to come into the school, please park in a parking space closer to

South Arm Community Centre. When walking to school, please use the designated paths south and adjacent to the driveway as you enter the school grounds. Please follow arrows to keep our students safe and keep our parking lot accident free.



ALLERGY ALERT

All families should be aware that Whiteside School has many students with severe, life-threatening food allergies. Some classrooms may be designated nut free to protect the health of these students. Please help us limit the nut products entering our school overall, as the impact on a student can happen anywhere in the school. If possible, please do not send food to school containing nuts.



- | | |
|----------|---------------------------------|
| April 2 | Whiteside re-opens |
| April 17 | Class photos |
| April 25 | Term 2 reports published |
| May 1-3 | Grade 6 Outdoor Education trip |
| May 13 | Speed Control concert |
| May 17 | Pro-D day |
| May 20 | Victoria day |
| May 22 | Welcome to K event |
| May 27 | Track Meet |
| May 24 | Ian Maskin concert |
| June 4 | Gr. 7 rafting trip |
| June 14 | Sports Day |
| June 21 | Grade 7 farewell celebration |
| June 27 | Last day of school for students |