



### SPRING BREAK

Please remember that Whiteside will be closed from March 15 – April 1. We will welcome back our Wolfpack on Tuesday, April 2.



### BREAKFAST CLUB

Breakfast Club will re-open on Friday April 12<sup>th</sup>. We look forward to another fun season of playing and eating with our Wolfpack.

### WHITESIDE'S GOT TALENT

Ms. LB and Ms. Johnson host our annual talent show at 1:15 p.m. on Thursday, March 14. We look forward to showcasing the amazing talents and abilities of our Wolfpack.



### MINISTRY OF EDUCATION GR. 4&7 PARENT SURVEY

Each year the Ministry of Education asks parents of grade 4&7 students, and school staff to complete a learning survey. Please take a little time to visit [http://www.bced.gov.bc.ca/sat\\_survey/access.htm](http://www.bced.gov.bc.ca/sat_survey/access.htm) to share your thoughts and ideas. Your opinions will help guide the future of education in BC.



### WHITESIDE BASKETBALL

Our Whiteside basketball season is about to start. Our coaches this year are Mme Howells, Mr. Lenz, Mr. McCuaig, and Mr. Pelletier. We look forward to our upcoming Strikers Tournament at McRoberts on March 11 – 13.

### WHITESIDE WEBSITE

Our Whiteside website (<https://whiteside.sd38.bc.ca/>) hosts important information and reminders. Please visit to check our calendar, read the newsletter, see our school story, sign up for SchoolCashOnline or Munch-a-Lunch, and more!



### PAC MEETINGS

PAC are amazing resources for our entire school community. A strong PAC bonds our school community with our families. PAC is an excellent way for our families to connect directly with the action at our school as well as develop relationships within the parent community. **Our next meeting is on Tuesday, April 16<sup>th</sup> at 6:30 p.m.!** Please reach out to our PAC at [whitesidepac@hotmail.com](mailto:whitesidepac@hotmail.com) for more information.

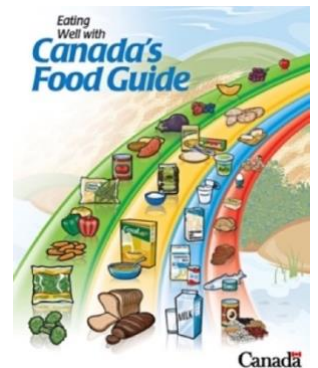
### MORNING ROUTINES AT WHITESIDE

Our Wolfpack are expected to enter school from their outside doors until 8:45 a.m. Please ensure that your children make their way to the back of the school to meet their teachers. This ensures that all children are met by their teacher or supervising adult and can begin the day with their class. Play n' Eat is on Friday mornings only. Only students in our breakfast program may enter the gym early during the week. We do not have morning supervision for students.



### HEALTHY EATING HABITS

**Benefits of eating with others**  
Enjoying healthy foods with family, friends, neighbours or co-workers is a great way to connect and add enjoyment to your life. It can provide many benefits and contribute to a healthy lifestyle.



By eating with others, you can:

- enjoy quality time together.
- share food traditions across generations and cultures.
- explore new healthy foods that you might not normally try.

Food is often a main part of celebrations and special events. However, eating with others doesn't have to be saved for special events.

Learn more at:

<https://food-guide.canada.ca/en/tips-for-healthy-eating/parents-and-children/>



### WEST COAST PLAY

During recess and lunchtime breaks, students are expected to be outside at all times this year. Students are strongly encouraged to dress appropriately for the weather. To be prepared to be outside in the rain it is important for your child to

have appropriate clothing such as:

- A rain jacket.
- Rubber boots
- Rain pants
- An umbrella
- A rain hat or coat with a hood
- **\*A change of clothes to be kept at school (sweatpants, underwear, socks, t-shirt, etc.)**
- When students use their change of clothes, please send another set to school for the next time.





### FEEDING FUTURES

Recently, the provincial government announced a new Feeding Futures School Program Fund, designed to assist schools in the development and enhancement of school meal programs and other nutritional supports for students. We currently provide breakfast and lunch options for students that need extra support during the school week. If you would like to request support for your child at school, please reach out to our principal, Brett Cameron ([bcameron@sd38.bc.ca](mailto:bcameron@sd38.bc.ca)).

### STUDENT AFFORDABILITY FUND

Recently, the provincial government announced a new, one time [Student and Family Affordability Fund](#). This fund is designed to assist families who require financial assistance with school-related costs such as school and course fees, workbooks, specialty supplies, field trips and other school-related charges and costs. The additional funding will also be used to support school meal programs and other nutritional supports for students.



Currently, we are requesting that families reach out to our principal, Brett Cameron ([whiteside@sd38.bc.ca](mailto:whiteside@sd38.bc.ca)) if you need assistance with school supplies, fees, or other school-related costs. As always, all requests will be treated with dignity and your privacy will be respected. We want to work with our families to ensure that our students, your children, have everything they need to be successful at school. Please do not hesitate to reach out if we can help.



### WHITESIDE READING INFORMATION OF THE WEEK

Help children learn how to break sentences into words and words into syllables. Before children

can identify letter sounds in words or reading, they can learn how spoken language can be broken down into smaller pieces. Show children that they can break down sentences into words.

- Practice identifying the words in a sentence by saying a sentence aloud and asking the child to count the number of words in that sentence.
- For instance, have the child count the number of words in the sentence “the boy ate two pieces of pizza” and correct any mistake.
- Talk about how to combine two words to form another word and about how some words can be broken into smaller words.

After children can identify words in sentences, they can begin to break words into **syllables**. Here are two examples of how to show breaking words into syllables:

1. Place your hand under your chin and notice the number of times your chin moves down as you say a word slowly.
2. Hold up a finger for each syllable as you say a word. After showing these strategies, have the child practice finding syllables in familiar words.



### PARKING LOT SAFETY

Please help keep our students safe by using the drop off zone for picking up and dropping off students only. **Please do not leave your car unattended in the drop off zone or park in staff parking spots;** if you need to come into the school, please park in a parking space closer to

South Arm Community Centre. When walking to school, please use the designated paths south and adjacent to the driveway as you enter the school grounds. Please follow arrows to keep our students safe and keep our parking lot accident free.



### ALLERGY ALERT

All families should be aware that Whiteside School has many students with severe, life-threatening food allergies. Some classrooms may be designated nut free to protect the health of these students. Please help us limit the nut products entering our school overall, as the impact on a student can happen anywhere in the school. If possible, please do not send food to school containing nuts.



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|----------|---------------------------------|
| Mar. 14  | Talent Show                     |
| Mar. 14  | Last day before Spring Break    |
| April 2  | Whiteside re-opens              |
| April 17 | Class photos                    |
| April 25 | Term 2 reports published        |
| May 1-3  | Grade 6 Outdoor Education trip  |
| May 13   | Speed Control concert           |
| May 17   | Pro-D day                       |
| May 20   | Victoria day                    |
| May 22   | Welcome to K event              |
| May 24   | Ian Maskin concert              |
| June 4   | Gr. 7 rafting trip              |
| June 14  | Sports Day                      |
| June 21  | Grade 7 farewell celebration    |
| June 27  | Last day of school for students |