

Organic Green Tea Skincare



The powerful antioxidant properties of Matcha Green Tea are truly amazing!

From anti-aging, scarring and stretch marks to skin elasticity, combine green tea plus additional ingredients to create your own natural skin care products!

Make and take home a green tea restorative facial oil, carrot n' rosewood night cream, vitamin facial spritz, and a green tea n' ginseng body wash. Recipes for face masks and toners.

Course Date: November 14th, 2023 (Tuesday)

Time: 6:30-9:00 PM

Fee \$ 64 (including all materials)

Location: 12091 Cambie Road, (Richmond School District Adult Education Centre)

Inquiries: 604.668.6532

Online Registration: www.RichmondCE.ca #53003 (Starts Now)

Email: sleung@sd38.bc.ca

Instructor: Ms. Cheryl Theilade

Cheryl has been teaching a variety of classes on natural skincare for over 26 years for various Continuing Education Programs and Community Centres throughout the Lower Mainland. Along with her enthusiasm, spirit and good sense of humour, she shares her knowledge on using ingredients from nature to create affordable, healthy body care products. She offers tips on customizing skincare to suit your own needs or for someone special.

She has appeared on City TV, Vancouver Living and CBC radio, and contributed to articles in, Coco Magazine, North Shore News, The Vancouver Sun and Shared Vision.

****Please bring an Apron to the class & wear appropriate clothing.**

****Come to class scent free**



Continuing Education
www.RichmondCE.ca