

**Subject line: Research Study from UBC & BCCH: Rising Up : Collaborating with Chinese Families and Communities on Parenting Resources**

Dear Parent/Caregiver,

You are invited to participate in a research study called “Rising Up: Collaborating with Chinese Families and Communities on Parenting Resources”. This project is conducted by Dr. Janet Mah and her research team at BC Children’s Hospital and University of British Columbia. Chinese parents and caregivers (including grandparents) of children aged 3-12 living in BC are invited to attend a 90-minute workshop either in-person at community sites or virtually over Zoom. Here you will discuss what you want for parenting resources related to child behavioural and social emotional well-being. We aim to identify your needs and preferences in order to co-design culturally meaningful resources for Chinese families.

Your participation in the study is **voluntary**. You will receive a \$20 gift card for your participation.

If you are interested, fill out the pre-screening survey  
<https://rc.bcchr.ca/redcap/surveys/?s=DYF89C78NFER94D3> .

You can also share the attached poster to others who you think may be interested.

If you have questions, you can contact the study team at [mah-lab@bcchr.ca](mailto:mah-lab@bcchr.ca) for more information.

We hope you can join us!

Sincerely,

Dr. Janet Mah  
Psychologist and Clinical Assistant Professor  
BC Children’s Hospital & University of British Columbia